



Sunflower Popcorn

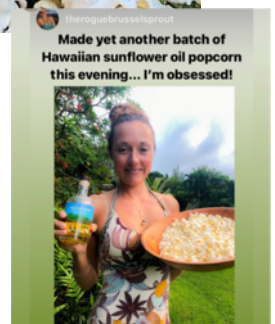
Featuring Maui Sunflower Oil

Recipe provided by Lee of The Rogue Brussel Sprout

- Add a generous tbsp of Maiden Hawaii Naturals Maui Sunflower Oil to a large pot with a lid.
- Heat the pot over high heat for a few minutes until the oil shimmers.
- Add 1/2 c popcorn kernels and put the lid on the pot.
- Allow the popcorn to pop, shaking the pot every 30 seconds so that the kernels get even access to heat.
- Take the pot off the stove once there are more than a few seconds between pops.
- Put the popcorn in a large bowl and toss immediately with 1/2 tsp flaky sea salt like fleur de sel.



This recipe was developed by Lee of The Rogue Brussel Sprout recipe blog. You can find her on Instagram (@TheRogueBrusselSprout) and visit her blog at www.TheRogueBrusselSprout.com



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